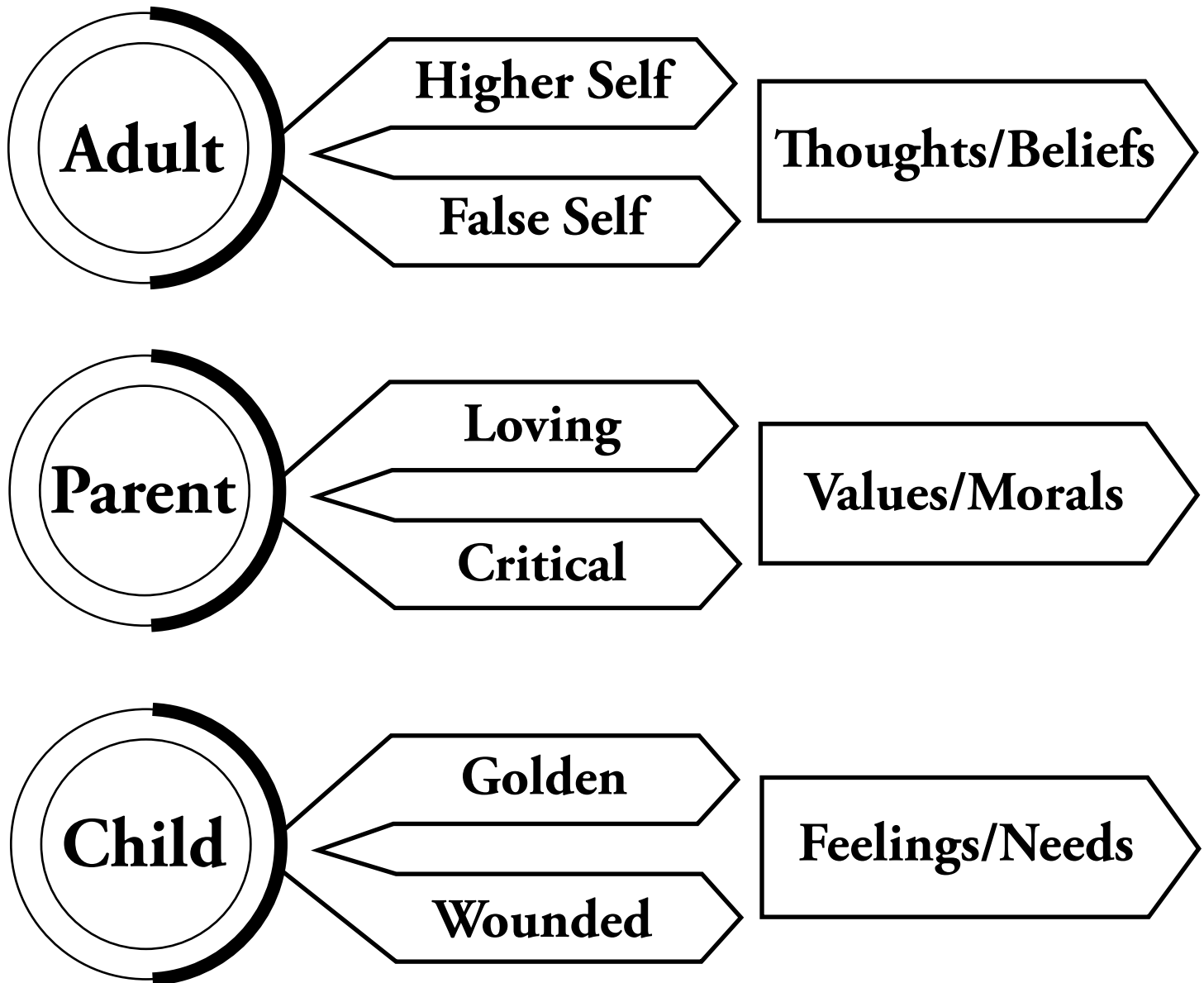


Structure of Our Inner Family



The concept of the three ego states—Adult/Parent/Child— originated from Eric Berne's Transactional Analysis (*Games People Play*, 1964), revising Sigmund Freud's id, ego, and super-ego.